



INSPIRE Summer Programme

10-Day Intensive Camp



Authentic Exposure to Top UK Boarding School
Teaching & World-Class Sports Training!

For Students aged 8-13
July 17-21 & 24-28



INSPIRE

Summer Programme

This Programme aims to provide Hong Kong students aged 8-13 with authentic exposure to UK boarding school teaching and culture, in the convenience of their home city.

INSPIRE stands for:

- **I**ntellectual (Multi-subject stimulation)
- **N**ovels (Humanities and Literature)
- **S**TEM (Science, Tech, Engineering, Maths)
- **P**erspectives (Social sciences)
- **I**ntegrated (Peer collaboration & supervised study periods)
- **R**ecreational (Sports with world-class instructors)
- **E**ducational (Authentic and Multi-intelligence immersion)

Programme Objective

We have invited educators from top UK boarding schools (Benenden School, Radley School, Twyford Prep School, Wellington College & Winchester College) to provide an authentic, educational and fun boarding experience in Hong Kong this summer. The Programme is hosted at Hong Kong Golf and Tennis Academy and INSPIRE will emulate the daily schedule of a top UK boarding school in this exclusive location, including the important supervised prep periods and a healthy focus on sport and recreation. Student participants will receive training from world class sports trainers in tennis, golf and swimming!

Taught by Passionate Educators From Top UK Schools

Elite UK boarding schools have expectations and educators like no other. For INSPIRE we have gathered an exceptional team of professional educators from these schools. Experienced and enthusiastic, these teachers will be in Hong Kong exclusively to teach on INSPIRE, giving your children the rare opportunity to step out in front of the herd, and get a taste of life in a top UK boarding school.

ADAM RATTRAY

Humanities & Social Sciences, Wellington College

Adam Rattray is Head of Art History at Wellington College. He studied History at Bristol University and History of Art at Jesus College, Cambridge, and has lectured to audiences of all ages throughout Europe. He is particularly interested in the Renaissance and the history of architecture, and has taught History in an English prep school as well as at A level. Adam Rattray is involved in Wellington College's Third Form Enrichment Course, part of which involves taking students to Oxford and Windsor to study British visual culture.



CLARE ROBINSON

English, Twyford Prep School

After becoming a Chorister at Salisbury Cathedral and attending Salisbury Cathedral School, Clare gained a music scholarship at The Godolphin School. Clare graduated from Cardiff University and has taught children aged 7-13 at Sandroyd Prep School in lessons as well as extra-curricular activities and boarding. Clare completed her PGCE at Bath Spa University. Clare is completing Qualified Teacher Status at Twyford School, where she has been teaching English, Maths and Music to pupils aged 9-12 years. Clare looks forward to bringing her extensive experience in teaching and pastoral care to INSPIRE!



Dr. ALEXANDER RHODES

English, Radley School

Alexander Rhodes graduated from Oxford, where he received his degree in English Language and Literature. Alexander progressed to Durham University, where he was awarded a Master's Degree in English Literature. After studying at Oxford for his Doctorate, Alexander taught undergraduates in the French and English faculties in Old English Language, Medieval Romance, and Shakespeare. After being awarded a doctorate in 2013, Alexander took a position at Radley College, where he teaches English Language and Literature to 13-18 year-olds.



LUCINDA PILLOW

Prep Supervision and Pastoral Care

Lucinda Pillow gained an Honours Degree in Music, Linguistics and French from Durham University. As part of her university studies, Lucinda spent a year working in an international boarding school in France, as well as attending a French university. Having previously taught English as a Foreign Language, Literacy, Numeracy and employability skills, she now teaches piano, violin and music theory privately. She plays piano, violin and flute in various ensembles, and sings in the Winchester College Glee Club choir.

DR. ANDREW FRENCH

Sciences, Winchester College

Dr French is a Physics and Mathematics teacher at Winchester College in the UK. He was formerly a Chartered Radar Systems Engineer. He holds Qualified Teacher Status and has prepared students for IGCSE, Pre-U and STEP qualifications for six years. He graduated with a Masters in Experimental and Theoretical Physics from Cambridge University in 2002. During his career as an Engineer, Dr French studied for a Doctorate in Electrical Engineering, which he received from University College London in 2010. *The Universe by Numbers* was written for last year's version of the INSPIRE course.



GAIL MULLER

Director of Studies

Gail Muller is an outstanding educational practitioner and teacher trainer with extensive international experience over the past 14 years, including being a British representative of excellent teaching; seconded by the UK Government to the European Commission, for whom Gail was a teacher and the curriculum section leader at the European School in Italy. Gail has achieved many accolades for excellence in teaching and has thrived in varied roles ranging from Director of Learning, Faculty Head and Teacher Trainer to Learning Coach, Mentor and Curriculum Developer.



CLARE MURPHY

Humanities, Benenden School

Clare Murphy teaches Year 7-12 students Religious Studies and humanities at Benenden School, an all-girls boarding school in Kent. Clare achieved a 7-14 PGCE in Religious Studies which enabled her to focus primarily on teaching strategies at Key Stage 3. Clare had also worked in an SEN Primary school where the children had Autism Spectrum Disorder. At INSPIRE, Clare will be responsible for delivering the humanities and social sciences part of the curriculum.



JENNIFER MA

Programme Director

Jennifer Ma attended St. Paul's Co-educational College in Hong Kong and Benenden School in the UK, before graduating from the University of Oxford with First Class Honours in Economics and Management. Jennifer achieved her Masters in Education at the University of Hong Kong and is the co-author of the Best Seller "Boarding Schools: All You Need To Know". Jennifer is a Benenden School Trustee, China Oxford Scholarship Fund Panelist, and is part of the University of Oxford Pembroke College Ossulston Circle.



Programme Outline

Novels & Perspectives

Can you time travel through poetry? Feel the heat of anger through words in a book? Novels and Perspectives will take students on this journey. Studying great literature brings the human alive, and our students will be inspired and have their minds opened by outstanding passionate educators. Our top UK Boarding School teachers will go beyond traditional classroom content, teaching students key skills through thrilling fresh material.

STEM

The next global surges in innovation are going to emerge from STEM subjects, making them more relevant and gripping than ever before. Students on our INSPIRE programme will grapple with tech, run complex experiments with their peers, and unlock some of the puzzles which help explain the very fabric of our universe. With our exceptionally gifted guest educators, the programme will challenge and support students to really understand how it feels to be passionate and knowledgeable in the STEM arena.

Presentation skills

Our students all face the challenge of bringing their rich internal life to the surface and sharing it with others, such as teachers, peers or interview panels. Through our INSPIRE programme we will coach our cohort to communicate with confidence, clarity and flair. Students will enjoy a mix of improvisation, games and performance to help them open up and build their self-confidence towards presentational excellence.

Sports

A healthy body means a healthier mind and stronger ability to embrace all difficulties. On the INSPIRE programme at the Hong Kong Golf & Tennis Academy, we have exclusive access to some of the world's best sports coaches. In addition, our guest educators have experience in delivering robust and enjoyable games in their home boarding schools, and will also be partaking in organizing and running our sports programmes.

Programme Schedule*

Dates: July 17-21 & 24-28

Venue: Hong Kong Golf & Tennis Academy

Duration: 10 Days

Students: Aged 8-13

*Concurrent timetables will be run for different age groups (8-9, 10-11, 12-13). Please kindly note the following schedule is subject to change at the discretion of Programme Director and Teachers.

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:00 - 8:00am	Wake up & Tidy up				
8:00 - 9:00am	Breakfast				
9:00 - 10:30am	Humanities	English	Humanities	English	Humanities
11:00 - 12:30pm	Sciences	Social Sciences	Sciences	Social Sciences	Sciences
12:30 - 1:30pm	Lunch				
1:30 - 3:00pm	Social Sciences	English	Social Sciences	English	Social Sciences
3:00 - 5:00pm	Tennis	Golf	Tennis	Golf	Swimming
5:30 - 7:30pm	Supervised Prep	Skills Workshop	Supervised Prep	Skills Workshop	Presentation
7:30 - 8:30pm	Dinner				Leave Campus
8:30 - 9:30pm	Activities				
9:30pm	Bed Time				

NOTE: Parents are invited to attend students' presentation on July 28 (Fri) 5:30pm - 7:30pm.

At Bruguera Tennis Academy

High-performance training from the Master of the Spanish system

Hong Kong's only Lluís Bruguera original training system, which has educated more than 15 players in the ATP/WTA Top 100, offers a unique and holistic approach to help each and every student to fulfill his or her potential. Drawing on proven practical principles, the Bruguera Method embraces the whole player for a complete learning experience that is customised for individual evolution, both on and off the court. Students are guided to succeed where technical, tactical, physical and psychological skills are all covered in a balanced manner.

As an integrated sports and sports wellness destination, we not only offer tailored programmes from two world-renowned training academies, but also provide beautifully crafted ancillary facilities in support of sports wellness. HKGTA offers a holistic approach, beyond just golf and tennis training, to balance both physical and mental well-being. This includes nutritional advice, sports massage, relaxation treatment facilities, and family activities at the Kids Academy.

At Jack Nicklaus Academy of Golf

The finest teaching technologies found anywhere in the world with the winning philosophy of the greatest golfer of all time, Jack Nicklaus.

Bespoke programme gives students unique insights into their game. Our PGA of America instructors use digital analysis and proven coaching strategies to address students' goal setting, swing and mental evaluation. Sessions are conducted in our exclusive coaching studio, at hitting stations, practice green or 6-hole short course.

The Venue

Hong Kong Golf & Tennis Academy

Set in Sai Kung's stunning natural countryside, Hong Kong Golf & Tennis Academy (HKGTA) provides a new benchmark in aspirational training and facilities for sports lovers near and far. It is the first sports academy in Hong Kong that provides world leading coaches, in international standard facilities, to enable golf and tennis sportspeople to reach their full potential. HKGTA is also the first location in the world to position two world-class sports training academies in one spectacular venue. The Jack Nicklaus Academy of Golf and Bruguera Tennis Academy completely embody Hong Kong Golf & Tennis Academy's belief in total sports wellness.



"Valerie finds the programme interesting and challenging. She thinks the Humanities lessons allow a lot of opportunities for discussion and reflection, and she loves the poetry analysis during English lessons. The topics introduced by Maths and Science teachers enhanced her interest in these subjects."

Mother of Valerie (11 years old)



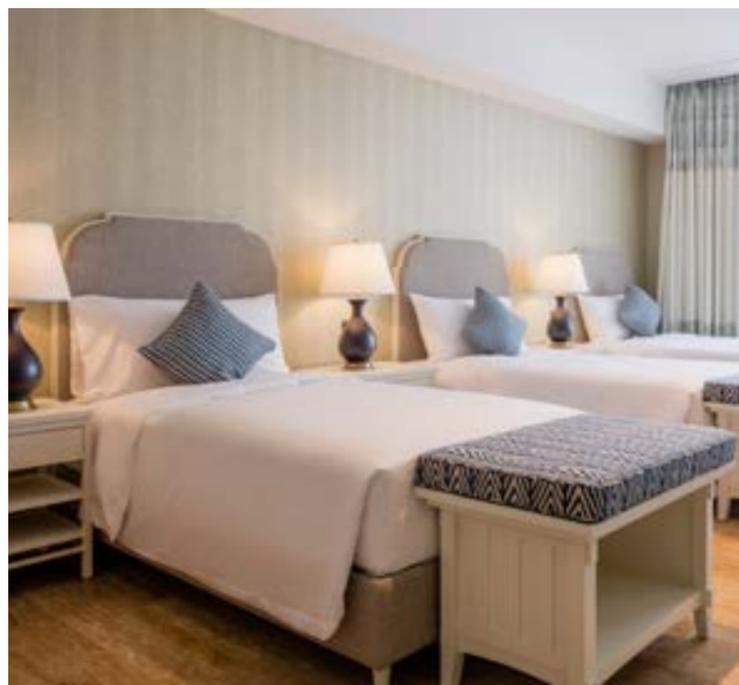
"Adrian really enjoyed the programme. He said the teachers were good, gentle and inspiring! It will be good to have the same programme next year. For me, it's a good chance to let Adrian have some ideas about what boarding school teachers are like. He had a very good impression of the teachers."

Mother of Adrian (10 years old)



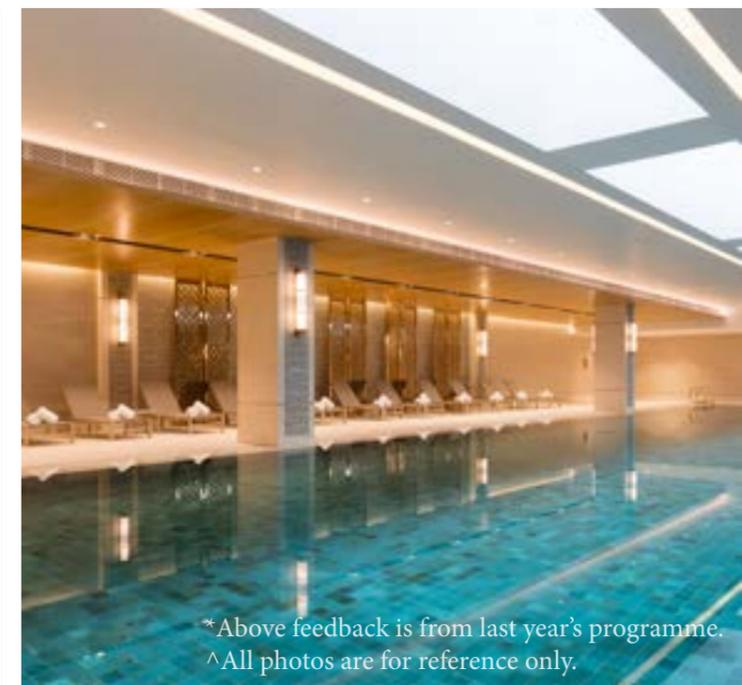
"Anton said that he had a great time attending the programme! He likes all the fun classes and has learnt a lot of new things. All the teachers are absolutely fabulous."

Mother of Anton (9 years old)



"Lucius really enjoys the programme. He finds the subjects interesting and likes the teachers very much, especially his Humanities teacher."

Mother of Lucius (10 years old)



*Above feedback is from last year's programme.
^All photos are for reference only.



Founded in 2009 by Oxbridge and Ivy League graduates, ARCH Education is a leading educational institute based in Hong Kong. ARCH's mission is to bridge the education gap in skills, preparation, academics, careers and opportunities. Through the combined approach of delivering transformational programmes and providing expert guidance on international education, we equip students for their future educational and career goals.

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