





2023/24 Regular Programs /



Time Day Wednesdays & Fridays 11:00-12:00nn Wednesdays 2:00-3:00pm **Fridays** 3:30-4:30pm



Day	Time
Mondays	4:30-5:30pm
Thursdays	4:30-5:30pm
Saturdays	2:00-3:00pm