

Co-organized by:



ARCH  
E D U C A T I O N

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mini  
mandarins

## Mini Community Leader:

# Explore the Issue of Food Waste and Compose Your Own Audiobook

For Ages 5+



### What is food waste?

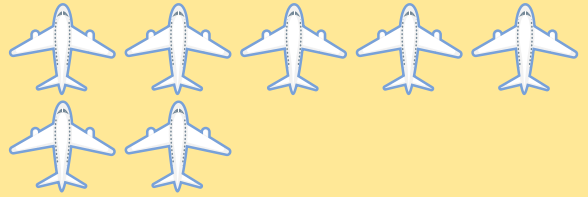


**3,300 tons**

The weight of unfinished food is added to HK landfills daily.

Source: Environmental Protection Department and Census and Statistics Department

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**Weight of 7 Boeing 747 Jumbo Jets**

Beginning with one's relationship with food, we will guide students to grasp the problems of hunger, poverty and food waste in our society. We have also incorporated community service to cultivate students' empathy towards the society. The course will strengthen students' appreciation and empathy through conceptual and practical learning experience.

### What will children learn from this course?



**Social Awareness**



**Explore Resolution**



**Parent-Child Community Service**



Source: Blue Fridge Project




### Parent-Child Volunteer Experience:

**"Give what you can give, take what you need to take"**

The Blue Fridge Project was founded in 2020 during the COVID-19 pandemic by Ahmed Khan in the hopes of finding effective ways to alleviate the shortage of resources of the homeless, elderly and families in need. He believes everyone is capable of showing kindness even in a small but meaningful way and contributing to this world.

Khan's fridge—painted bright blue with the words "Give what you can give, take what you need to take" is located at various locations around Jordan and Tai Kok Tsui districts. People are invited to fill the fridge with food and everyday items, and those who need the food are free to take from the fridge without worrying because the blue fridge stays at the same location 24 hours a day.

\*More information will be announced after registration.

Day	Lesson Theme/Objectives	Topic	Grammar Skills
1	What food do I like to eat? Understand how supermarket categorises food	 <b>Relationship between you and food</b>	Vocabulary
2	How is bread made? Learn about the food ingredients		
3	How food goes bad? Learn about food labels and expiration dates	 <b>Food waste and hunger</b>	Sentence Structure
4	What should we do with excess food? Understand different treatment methods		Word Roots
5	How to donate food to reduce waste? Discuss food wastage issue in Hong Kong		
6	Understand the background knowledge and process of volunteer activities	 <b>Exploring solutions</b>	Quantifiers
7	Participate in “Blue Refrigerator” volunteer activities		Synonyms & Antonyms
8	How can we help? Explore solutions to solve the issue		Storytelling
9	Reflection Compose an audiobook and present in class		

Course content may subject to change without prior notice.

## Audiobook



With using an audiobook, our students will compose and record their own audiobooks by combining social issues, their own journey and feelings experienced in the course.



Reading



Vocabulary



Writing



Presentation



Arts & Crafts

Language: Mandarin  
Duration: 90 mins/lesson, Total 8 lessons  
Venue: Unit 202-205, 2/F Wilson House, 19-27 Wyndham Street, Central  
Fee: HK\$6,000 (HK\$500/hr)  
\*Volunteer activity is not included in the course fee.



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## Class Schedule

Lesson	Class A Wednesdays 3:30-5:00pm	Class B Thursdays 2:00-3:30pm	Class C Saturdays 2:00-3:30pm	Class D Wednesdays 3:30-5:00pm	Class E Fridays 10:00-11:30am
1	Mar 15	Apr 20	Apr 22	May 17	May 19
2	Mar 22	Apr 27	Apr 29	May 24	May 26
3	Mar 29	May 4	May 6	May 31	Jun 2
4	Apr 12	May 11	May 13	Jun 7	Jun 9
5	Apr 19	May 18	May 20	Jun 14	Jun 16
6	Apr 26	May 25	May 27	Jun 21	Jun 23
7 Parent-Child Volunteer Experience	Apr 23	May 28	May 28	Jun 25	Jun 25
8	May 3	Jun 1	Jun 3	Jun 28	Jun 30
9	May 10	Jun 8	Jun 10	Jul 5	Jul 7

*\*Class schedule may be subject to change without prior notice.*



## 小小社區領袖：

# 探討食物浪費問題 繪製錄音畫冊

適合5歲或以上學生



### 何謂食物浪費？



每天

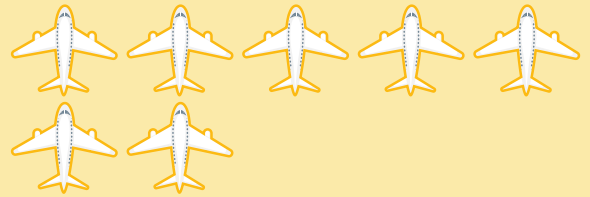
**3,300噸**

廚餘被棄置在香港堆填區，重量相等  
於7架滿載的波音747客機。

資料來源：環境保護署及政府統計處

重量相等於

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我們會從自身與食物的關係開始引導學生，延伸至社會上飢餓、貧窮和食物過剩的問題，並帶領他們參與義工活動，從中深入探討解決問題的方法，旨在培養學生對社會的共感力。希望學生透過實踐經驗和學習，從簡單易明的食物主題理解到資源匱乏，加強對自身和社會的感恩和同理心。

### 孩子從中能學懂甚麼？



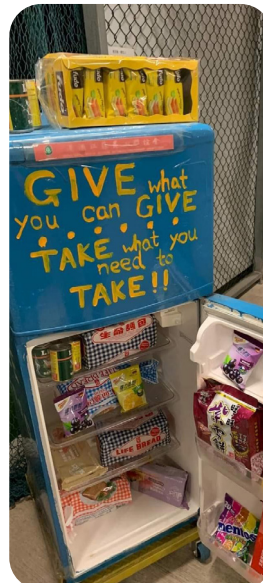
對社會問題的認知



探討解決問題的方法



參與親子義工活動



資料來源：藍雪櫃

### 親子義工體驗： 送你所想 取你所需#

藍雪櫃（普通話譯：藍冰櫃）慈善項目由簡仲文先生於2020年創立，當時新冠疫情開始爆發，項目旨在緩解無家者、老人和有需要家庭的資源短缺問題。

藍雪櫃位於佐敦和大角咀區不同地點，雪櫃被塗上獨特的藍色，並寫著「送你所想，取你所需」，意思是任何人都可以捐贈食物和日常用品於該雪櫃，同時亦可以從雪櫃裡取得自己所需，而且雪櫃每天24小時都座落指定地點，有需要人士無需擔心物資供求。簡先生堅信每個人都有能力做小小的舉動，為這個社會作出無私貢獻。

課堂	課堂主題	學習單元	語言技巧
1	喜歡的食物： 認識超級市場的食物分類	 <b>個人與食物的關係</b>	
2	麵包是怎樣製造的？ 認識食物的原材料		
3	食物的腐爛： 認識食物標籤和保質期	 <b>食物浪費與飢餓</b>	
4	過剩食物怎樣處理？ 了解過剩食物的處理方法		
5	香港的食物浪費 如何捐贈食物減少浪費		
6	了解義工活動的背景和流程	 <b>探討解決方法</b>	
7	參與「藍雪櫃」義工活動		
8	活動回顧： 探討協助社區的方案		
9	主題和活動總結： 繪製錄音畫冊和課堂匯報		  

課堂內容有可能變更而不會預先通知

## Audiobook



透過運用audiobook發聲畫冊，學生將會繪製屬於自己的故事書，把他們在課程中所學的社會問題、自身經歷和感受紀錄於畫冊中。



閱讀



認字



寫作



演講



繪畫

授課語言：普通話  
上課時間：90分鐘1堂，課程共8堂  
上課地點：中環雲咸街19-27號威信大廈2樓  
課程費用\*：HK\$6,000 (HK\$500/hr)

\*親子義工活動不包括在課堂費用內



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6	Apr 26	May 25	May 27	Jun 21	Jun 23
7 親子義工體驗	Apr 23	May 28	May 28	Jun 25	Jun 25
8	May 3	Jun 1	Jun 3	Jun 28	Jun 30
9	May 10	Jun 8	Jun 10	Jul 5	Jul 7

\*課程安排可能會有所變動並須事先通知